#### **WHO CAN PARTICIPATE**

Groups are limited to 24 participants, ages 14 years and older. Adult chaperones must accompany groups with members 18 years old and younger. Groups serve for five to seven days.

#### HOUSING + FACILITIES

There are two housing facilities on our 10-acre site. The main building has multiple rooms with bunks to separate chaperones, students and the "mountain managers" who operate the program. There are two and half bathrooms, a kitchen, and an area for reflection and prayer. There are also five tiny houses on the site. Each house has a main living area, toilet, and shower. All living quarters have central heating and cooling.

#### **WEEKLY FEE PER VOLUNTEER**

This cost covers room and board as well as accident insurance for each volunteer.

### Resources WANT TO FIND OUT MORE?



erving with Glenmary's Group Volunteer Program is truly a "mountain-top" experience you won't forget.

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Contact Joe Grosek, Glenmary's Volunteer Coordinator, to learn more about East Tennessee, the Joppa Mountain community or Glenmary's mission and ministry.

It's our honor and joy to serve with you!

- 606-202-3658
- volunteer@glenmary.org
- 🕨 glenmary.org



#### **A WEEK OF PRAYER AND SERVICE**





GLENMARY.ORG/VOLOPPS

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IN THE HOME MISSIONS







#### What We Do OUR MISSION

here is an ancient Benedictine formula for the good life: Ora et Labora, "Pray and Work." Join us for a week of both at our volunteer program in Appalachian Tennessee. This is a retreat-like, mission-immersion program for high school, college and adult volunteers.

Glenmary's program gives participants a firsthand experience in missionary service. Each weeklong session blends service, prayer, reflection and sharing in an environment of simple living. The goal is to connect young people with God, to help them find Christ in others and to teach them to serve others first.

Volunteers also learn about the rich culture and traditions of the Appalachian region. Our goal is to broaden volunteers' understanding of the causes of poverty and injustice, and how our life choices can make a positive difference. This week is an opportunity for volunteers to deepen their relationship with God.



#### **HOME REPAIR + RENOVATIONS**

We perform home repairs that fit the skills and abilities of our volunteers. Anyone with an open heart to serve can join us in this ministry, though construction skills are always welcome!



#### PRAYER AND SPIRITUAL GROWTH

Morning and Evening prayer accent each day, using whatever prayer best suits your group. The goal is to discern the presence of grace as we work among those tackling poverty.

#### **KINGSWOOD HOME FOR CHILDREN**

We help at Kingswood, a non-profit group home for displaced children. The home provides an environment where children can develop a personal relationship with God.



#### LEARN APPALACHIAN CULTURE

Part of the program is to listen to and experience the life of the local communicty. Volunteers spend time reflecting on the lives of the people they encounter and the cultural gifts of the region.

## Who We Are **GLENMARY**



lenmary is a Catholic society of priests and brothers who serve primarily in Appalachia and the deep South.

We were founded in 1939 by Father William Howard Bishop, who had a dream that the Catholic Church would be present everywhere in the United States. We follow in his footsteps.

Glenmary has established over 120 Catholic churches over the years, in counties where less than 1% of the population is Catholic, and poverty is often twice the national average.

In our Group Volunteer Program, volunteers have the opportunity to be the hands and feet of Christ. Each day we reflect together on what that means in the volunteers' lives.



#### **NURSING HOMES + FOOD PANTRIES**

There are a number of nursing homes in our community, where residents welcome our visits. Our volunteers also provide labor by packing boxes for distribution at food pantries.



#### **ENCOUNTERING GOD**

We'll attend Mass daily at local Glenmary missions, and take time for Adoration. We'll reflect together on our daily encounter, through our work, with God and community.