

## THE GLENMARY FARM AT JOPPA MOUNTAIN

# What to Bring / What Not to Bring

### What to Bring

Volunteers and chaperones should pack enough casual, comfortable clothing for a week. Remember to include extra clothes that you are not afraid to get dirty, painted on or possibly ruined.

#### **In Winter Months**

- warm work clothing (jeans, sweatshirts, hats, etc.)
- winter gloves and hat

#### **In Summer Months**

• lightweight work clothing (shorts, T-shirts, etc.) and work pants; muscle shirts and tank tops are not appropriate for construction work

• sunscreen, bug spray and a hat to wear when working in the sun

#### In All Seasons

- work gloves, work gloves, work gloves and a water bottle
- boots or other waterproof footwear; if possible, bring more than one pair of shoes
- casual, nice pair of slacks and shirt or blouse for church
- small amount of spending money
- sleeping bag or sheets/blanket/favorite pillow with pillowcase (we provide mattresses) we have extra linens if necessary.
- towel, washcloth, and biodegradable soap and shampoo
- other toiletries
- small musical instruments
- a smile and eagerness to serve

#### What Not to Bring

Part of the Glenmary Home Missioners charism is simplicity, and the service week is dedicated to that simplicity. In that spirit, we ask that volunteers try to abstain from wearing makeup and shaving every day. We want to focus on the inner beauty of everyone who volunteers with us.

Volunteers and chaperones should not bring:

- radios, MP3 players, tape recorders, laptop or tablets, CD/DVD players
- hair dryers and curling irons
- junk food (we'll provide adequate meals)

Though Cell phones are not banned at the site and we understand that people need them for cameras and connecting with home or work. We believe that you receive the greater gifts of the site by limiting cell phone use or even leaving it at home. We ask volunteers to limit their showers during the week.

Absolutely no alcohol, drugs, tobacco, or e-cigarettes are permitted at any Glenmary Farm at Joppa Mountain Group Volunteer Site.